

## Regarding the Recent Earthquake

Dear International Students,

The earthquake and tsunami over the weekend, and aftershocks continuing must have been very shocking and stressful for you all. The news and media's prediction etc must be adding to your confusion. But we urge you all to be calm and composed. Just remember to keep yourself safe, wherever you are. You can keep yourself updated of the recent news. However, try not to be overwhelmed with the information you come across through the internet, TV news etc.

Having faced with such a tragic situation, let us be together and deal with this situation with courage. Please take care of yourself first, and offer whatever help possible to those around you. Telephones and mobiles are inefficient in the present situation. So, in case of anything, please write to:

[aneelam@mail.ecc.u-tokyo.ac.jp](mailto:aneelam@mail.ecc.u-tokyo.ac.jp), CC to [ryugaku@ofc.a.u-tokyo.ac.jp](mailto:ryugaku@ofc.a.u-tokyo.ac.jp)

Please continue to carry your important documents (passport, bank cards, certificates etc), valuables, computer etc with you for the next few days until the situation settles down. Keep yourself warm and carry some food and water with you. This may be helpful, in the event of any emergency.

Your families back home must be concerned about your safety. If you are asked to return home for some time, please talk with your supervisor and decide accordingly. In case you return home, please keep your professor/laboratory and the OICE ([aneelam@mail.ecc.u-tokyo.ac.jp](mailto:aneelam@mail.ecc.u-tokyo.ac.jp), CC to [ryugaku@ofc.a.u-tokyo.ac.jp](mailto:ryugaku@ofc.a.u-tokyo.ac.jp)) informed about your whereabouts.

Please take good care of yourself.

OICE

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